

Download Ace Group Certification Handbook Study Guide

Designed to simulate the actual ACE Group Fitness Instructor Certification exam, our practice tests include 60 multiple-choice questions, detailed score reports with immediate feedback on your performance, and explanations and references for each correct response. Move your career further as an ACE Certified Professional and save 20% on an additional ACE Certification.* This includes our Personal Trainer, Group Fitness Instructor, Health Coach and Certified Medical Exercise Specialist study programs. AFAA's Group Exercise certification will teach you how to craft fun, inspirational classes with science-backed movements and exercises participants enjoy. ASIS International Certification Handbook -- 8 ASIS highly recommends reviewing the body of knowledge for each program (outlined below). All questions on the exams relate to one of the domains