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“Dessert isn’t the devil, deprivation is!” – Click To Tweet. Be sure to bookmark this page or pin it to your Pinterest board too for future reference! Click on the photos for full recipes. Exclusive bonus: Download this free pdf ebook of Nutrition 101 exclusively for you by Livewell360. Gluten-free, dairy-free, refined-sugar-free The best sugar-free, gluten-free and dairy-free desserts! July 14, 2015 i quit sugar A round up of some of your favourite sugar, gluten and dairy-free desserts I’ve posted in the last few years. 22 healthy Christmas dessert recipes! Gluten free, refined sugar free. Share. Tweet. Pin. ... Actually, all the healthy Christmas sweet treats are gluten free, grain free, refined sugar and most dairy free. Well, all our recipes are! But yes, if you love fruitcake this is a must make this year! ... Raw peanut butter, choc, hemp tart. Another ... Many of them are gluten-free too. Cakes, pies, ice cream, popsicles, blondies and many more recipes! Looking for Refined Sugar-Free Desserts? Well, look no further. I've compiled the best 20 recipes, that are also vegan. ... I hope you enjoy this collection of 20 Vegan & Refined Sugar-Free Desserts – happy guilt-free ... Raw Cocoa Coconut ...